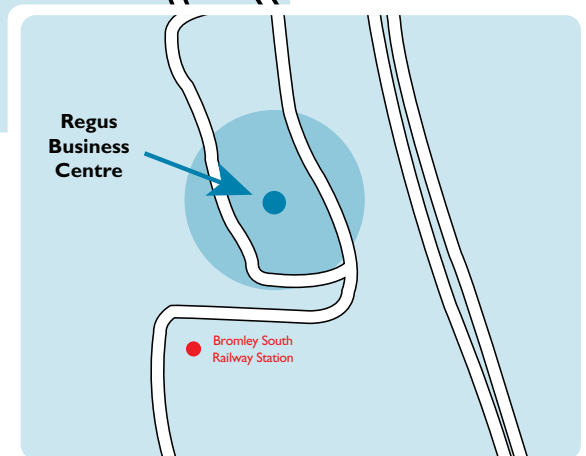
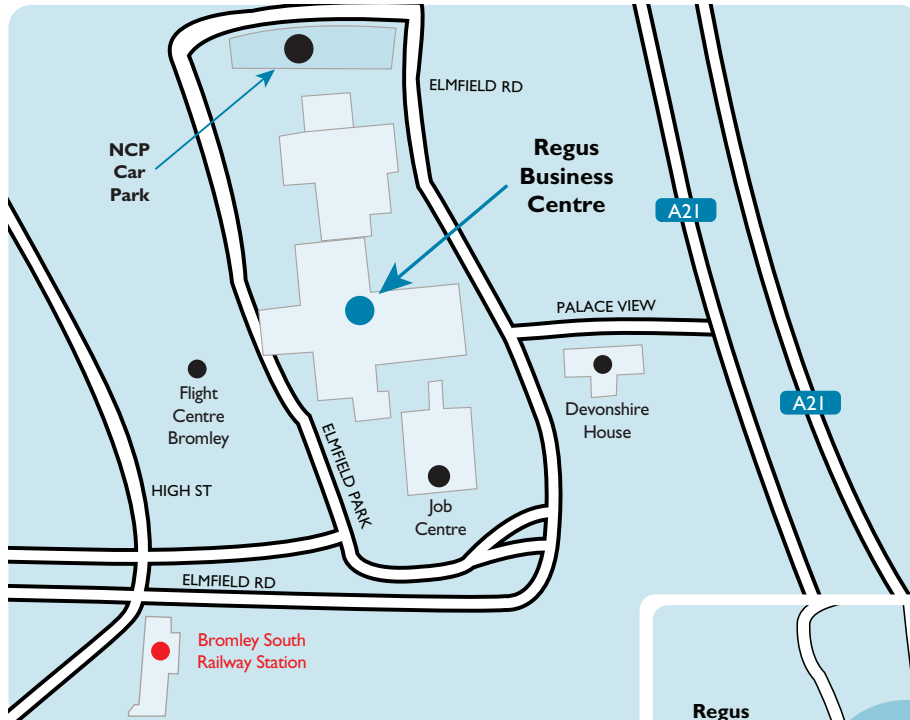


Regus Business Centre, Bank of America House – South Tower  
26 Elmfield Road, Bromley, BR1 1LR  
Main switchboard: 01622 677775  
visit us at [www.phcohealth.com](http://www.phcohealth.com)



**Photographic ID must be taken by ALL Visitors, entry WILL be refused without this.**

## DIRECTIONS TO REGUS BUSINESS CENTRE

### From the A21 heading North West towards Lewisham

Head northwest on Masons Hill A21 towards Lewisham/Town Centre, turn left onto Masons Hill/B228 at the Waitrose traffic lights following signs for Bromley South Station, take right fork onto High Street following signs for the Station, then turn right onto Elmfield Road immediately after the station and follow Elmfield Road around a left hand corner, the destination will be on the left next to the Jobcentre opposite Palace Walk.

### From the A21 heading South East towards Sevenoaks

Head southeast on Kentish Way A21, taking a right hand turn into Mason's Hill/B228 at the Waitrose traffic lights, following signs for Bromley South Station, then follow instructions as above.

### Via Bus

The closest bus stop is the Bromley South Station stop B which is a 3 minute walk from the Regus Business Centre. Other stops are the Bromley South Station stop Z which is next to the Tesco High Street Express, Bromley South Station stop A which is near William Hill and Bromley High Street The Mall which is stop X opposite Laura Ashley over the road.

### Via Train

The most direct service would be to Bromley South Station which is only a 3 minute walk away from the Regus Business Centre. Bromley North Station is a 15 - 20 minute walk via the town centre, there is no direct rail service between the two stations.

- South tower is the nearest building to the Job Centre
- Meter parking is available for 2 hours on Elmfield Road, or NCP car park at the top of Elmfield Road nearest the Glades shopping Centre.